

# Weighted Granny Square Blanket

## Made with Washers!



Use this pattern at your own risk! The washers are choking hazards and the weight may not be appropriate for those with limited abilities. This is NOT a medical product!

This pattern is also VERY basic, lacking the detailed how-to photos and explanations I usually add to my patterns. That's why the printable download is free. Please be kind with your comments and critiques.

The squares are purposely kept small. I wanted to add as many washers as possible per square inch. Smaller squares means more squares, which hold more washers.

Join the squares together however you like. You can sew them together or make running SL STs to join them. Like I said, this is a limited crochet pattern and I'm not showing how to do that with this basic pattern.

## **Things You Need**

To make a 13.4 lb or 6.1 kg weighted blanket (a total of 96 square, lap sized blanket)

96 – 1.5” **stainless steel** washers. I got mine at Home Depot. Each weighs 64 grams

Worsted weight (8 ply) yarn in colours of your choice. You can use up yarn from your stash to make the flowers and surrounding border. (I haven't finished the blanket myself as of yet so I can't give firm amounts). A couple of 1 lb balls (like the Caron brand) should be more than enough if doing one solid colour.

Size 4.5 mm (G/7) crochet hook

Tapestry needle – to work in the ends



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To start and with one washer, hook your yarn and pull through the centre. YO and and pull through the loop. This does **NOT** count as the first SC. Make 24 SC through the hole around the washer. Join with a SL ST to the top of the first SC

**Round 2:** Ch 4 ■ YO 3 times. Draw up a loop through the same st as join. YO and draw through the first 2 loops on your hook. YO. Draw through the next 2 loops on your hook. YO Draw through the next 2 loops on your hook. Leave the remaining loops on the hook unworked.■ Repeat from ■ to ■ 3 more times. YO and draw through all 5 loops on your hook (petal made). Ch 2. Skip next 2 SC and in the 3<sup>rd</sup> SC.

☺♦ YO 3 times. Draw up a loop through the 3rd SC. YO and draw through the first 2 loops on your hook. YO. Draw through the next 2 loops on your hook. YO Draw through the next 2 loops on your hook. Leave the remaining loops on the hook unworked.♦ Repeat from ♦ to ♦ 4 more times. YO and draw through all 6 loops on your hook (petal made). Ch 2. Skip next 2 SC. ☺ Repeat from ☺ to ☺ around. Join with SL ST to the top of the starting Ch 4. (8 flower petals).

**Round 3:** SL ST in first Ch 3 space. Ch 3 (counts as 1 DC) 2 DC. Ch 2. ♠In the next Ch 3 space, 3 DC, Ch 2, 3 DC, Ch 2 (corner made). In the next Ch 3 space, 3 DC Ch 2 ♠ Repeat from ♠ to ♠ around. In last Ch 3 space, 3 DC, Ch 2, 3 DC, Ch 2 (last corner made). Join with SL ST to top of starting Ch 3.

**Round 4:** Ch 1 (counts as first SC). SC in each of the next 2 DC. 2 SC in next Ch 2 space. ♪ SC in each of the next 3 DC. 5 SC in the corner Ch 2 space. SC in each of the next 3 DC. 2 SC in the next Ch 2 space. ☼ SC in each of the next 3 DC. 2 SC in the next Ch 2 space. ♪ Repeat from ♪ to ♪ around. End with the last repeat at the ☼ mark. Join with SL ST to the top of he starting Ch 1.

Break yarn and pull through.

## ***Abbreviations***

SC – single crochet

DC – double crochet

YO – yarn over

sl st – slip stitch

st – stitch

sts - stitches

## ***Hints and Tips***

Each washer weighs 64 grams. The average weight of a weighted blanket is about 6.8 kg (15 lbs). A smallish, lap size blanket uses about 96 squares. The total number of washers to meet the weight is 106. If you double up with washers on 10 squares, you can meet the 6.8 kg total weight.

If that's too heavy, there are plastic washers you can use to replace the metal washer so the squares all look the same. If you want a heavier blanket double up washers on more squares. You can also use smaller washers that weigh less. There are many options to adjust the weight.

And I bought these washers at Home Depot. The number on the washers is the bin number. I don't know if that's standard in all Home Depots.

Hold your yarn to the back of your work as you create each square. It will have you less ends to work in.

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